| 1 | I have **SYMPTOMS OF COVID-19**. |
| 1 | I have a **POSITIVE COVID-19 TEST RESULT** (within the last 10 days)**.** |
| 1 | I am a **CONFIRMED CLOSE CONTACT** of someone who has COVID-19. |
| 1 | I am worried I have been exposed to someone who has COVID-19. |

**PRACTICE ENHANCED SOCIAL DISTANCING AND STAY IN YOUR ROOM!**

| 2 | You should **isolate**.  
Start **University Health Service** assessment by completing the **Upper Respiratory Infection and COVID-19 Assessment Tool** or call (734) 764-8320.  
Follow guidance of UHS or your health care provider as well Environment, Health and Safety.  
If after UHS business hours, contact DPSS Dispatch at (734) 763-1131 to arrange for U-M quarantine/isolation housing.  
Pack a "To Go" Bag with personal items. |

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**PAUSE**

| 3 | Move to quarantine/isolation housing while awaiting test results. |
| 3 | Move to quarantine/isolation housing, typically for 10 days from the date of your test result**.** |
| 3 | Move to quarantine/isolation housing, typically for 14 days after last contact.  
If symptoms develop, start the UHS **Upper Respiratory Infection and COVID-19 Assessment Tool** or call (734) 764-8320. |

**ALL CLEAR**

| 4 | My test is **NEGATIVE**: I can return to my room and classes, as long as I am not a **CLOSE CONTACT**.  
My test is **POSITIVE**: complete the isolation period and return to my room and classes when released according to **CDC guidelines** by EHS or UHS. |
| 4 | I completed the 10-day isolation period and can return to my room and classes when released according to **CDC guidelines** by EHS or UHS. |
| 4 | I completed the 14-day quarantine period. If I do not have symptoms, I can return to my room and classes. |

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*Within 6 feet for at least 15 minutes as determined by a public health official.  
**For those who are severely ill with COVID-19 infection or those who are severely immunocompromised, an extended duration of isolation for 20 days after symptom onset is recommended.  
Quarantine/Isolation: Students may choose to return to their permanent residence to isolate there instead of on campus/Ann Arbor.  
University Health Service: To reach UHS during business hours 8 a.m.-4:30 p.m., call (734) 764-8320.