

COVID-19 TESTING SCENARIOS

A guide for the Ann Arbor U-M community on available COVID-19 testing options. For [UM-Dearborn](#) and [UM-Flint](#) testing information, please visit their websites.

IMPORTANT: Students, faculty and staff who test positive for COVID-19 off-campus should [report their test results](#) to the university in order to help protect our community.

I HAVE SYMPTOMS

Students with COVID-19 symptoms can be tested at [University Health Service](#). Testing is available Monday through Saturday.

Faculty, staff, health professions students (medical, dentistry, nursing, pharmacy) and student employees with COVID-19 symptoms can contact the [Occupational Health Services](#) hotline by calling (734) 764-8021 to arrange testing through Michigan Medicine.

[Isolate](#) from others while arranging evaluation and testing, and while awaiting your results.

I HAVE TESTED POSITIVE FOR COVID-19

If you test positive for COVID-19 or suspect you are infected with the virus that causes COVID-19, contact your health care provider and isolate.

Students, isolate:

- at least 5 days from your test date as long as you are without symptoms or symptoms are resolving.
- Wear a tight-fitting mask when around others for 5 days following your isolation period to minimize the risk of infecting others.
- Continue to isolate for a full 10 days if symptoms are not improving.
- **Note:** Your test date is Day 0.

If you test positive for COVID-19 or suspect you are infected with the virus that causes COVID-19, contact your health care provider and isolate.

Central campus employees, stay home:

- at least 5 days from your test date as long as you are without symptoms or if you have symptoms and they are resolving.
- at least 24 hours with no fever without fever-reducing medication and symptoms have improved.
- Wear a tight-fitting mask when around others for 5 days following your isolation period to minimize the risk of infecting others.
- Continue to isolate if symptoms are not improving.
- **Note:** Your test date is Day 0.

*Healthcare personnel follow Michigan Medicine's guidance.

I AM A CONFIRMED CLOSE CONTACT* OF SOMEONE WHO HAS COVID-19

Students who are confirmed close contacts* will receive information from the Contact Tracing Corps about how to sign up for test delivery through [University Health Service](#).

If you have tested positive for COVID-19 in the last 90 days and are a close contact of someone with COVID-19, you do not need to be tested.

People who are **not up to date on vaccination** should quarantine for 5 days after last exposure, followed by strict mask use for an additional 5 days. Get tested day 5 after exposure or if symptoms develop. Students who are not up to date on vaccination, will not be allowed to test through CSTP.

Those who are **up to date on vaccination** and remain without symptoms do not need to quarantine, but should be tested 5 days following exposure, even if symptoms aren't present. Wear a mask around others for 10 days following exposure.

Students who are **up to date on vaccination** and symptomatic should quarantine and get tested. [Isolate](#) if the test result is positive.

Faculty, staff, health professions students (medical, dental, nursing, pharmacy) and student employees who are confirmed close contacts* can contact the [Occupational Health Services](#) hotline by calling (734) 764-8021 to arrange testing through Michigan Medicine.

If you have tested positive for COVID-19 in the last 90 days and are a close contact of someone with COVID-19, you do not need to be tested.

People who are **not up to date on vaccination** should quarantine for 5 days after last exposure followed by strict mask use for an additional 5 days. Get tested day 5 after exposure or if symptoms develop. Testing through CSTP is not available if you are not up to date on your vaccination.

Those who are **up to date on vaccination** and are without symptoms do not need to be quarantined, but should be tested 5 days following the date of their exposure, even if symptoms aren't present. Wear a mask around others for 10 days following exposure.

Faculty and staff who are **up to date on vaccination** and symptomatic should quarantine and get tested. [Isolate](#) if the test result is positive.

I DO NOT HAVE SYMPTOMS BUT WOULD LIKE TO GET TESTED

Sign up for the [U-M COVID-19 Community Sampling and Tracking Program](#), a free, asymptomatic testing program open Monday - Saturday to all U-M students, faculty and staff on the Ann Arbor campus, including Michigan Medicine employees.

[University Health Service](#) provides testing to students and established patients who may require testing for a program, employment, travel or pre-procedural clearance. More information about indications for testing is available [here](#).

I AM REQUIRED TO COMPLETE WEEKLY TESTING

Students who receive a vaccine exemption or postponement are required to complete weekly mandatory testing through the [U-M COVID-19 Community Sampling and Tracking Program](#).

Faculty and staff who receive a vaccine exemption or postponement are required to complete weekly COVID-19 testing through [U-M's COVID-19 Community Sampling and Tracking Program](#).

Anyone who tests positive is directed to isolate.

I'M WORRIED ABOUT POSSIBLE EXPOSURE TO COVID-19 THROUGH MY LIVING/WORKING ENVIRONMENT

For those notified of a close contact exposure while living in the residence halls and are "up to date" on their vaccination series do not need to be quarantined, but should wear a mask for 10 days and test after day 5.

Students **not up to date on vaccination** are required to relocate to quarantine for at least 5 days. Day 0 would be the date of close contact exposure. Students can return to the residence hall on Day 6 provided that they are without symptoms. Testing is advised after Day 5 as well.

Students in communal living communities (through Michigan Housing or off campus) where large clusters have been identified are offered on-site, pop-up testing through [University Health Service](#) based on their proximity to the cluster.

Those who reside off campus or in the residence hall where cases or clusters have been identified, but not in the immediate vicinity, are encouraged to sign up for the [U-M COVID-19 Community Sampling and Tracking Program](#).

Faculty or staff working where cases or clusters have been identified, regardless of whether there was a known close contact exposure, can contact the [Occupational Health Services](#) hotline by calling (734) 764-8021 to arrange testing through Michigan Medicine.

TESTING FOR TRAVEL, MEDICAL PROCEDURE OR OTHER

Testing is available through the [U-M COVID-19 Community Sampling and Tracking Program](#) or through [University Health Service](#).

Students should contact their medical provider. If your test comes back positive, please isolate and contact University Health Service by calling (734) 764-8321.

If you have traveled (considered a probable exposure), it's recommended you get tested within 72 hours of returning to the Ann Arbor area following travel (out of state and/or country).

Information on if you need a COVID-19 test for traveling can be found [here](#).

Testing is available through the [U-M COVID-19 Community Sampling and Tracking Program](#). Faculty and staff can contact the [Occupational Health Services](#) hotline by calling (734) 764-8021 to arrange testing through Michigan Medicine for work-related travel.

For medical procedures, faculty and staff should contact their medical provider. If your test comes back positive, please isolate and contact the Occupational Health Services hotline at (734) 764-8021.

If you have traveled (considered a probable exposure), it's recommended you get tested within 72 hours of returning to the Ann Arbor area following travel (out of state and/or country).

Information on if you need a COVID-19 test for traveling can be found [here](#).