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**Re: Quarantine Period For University of Michigan Students**

In accordance to CDC guidelines, the quarantine period for Washtenaw County was recently updated to the following:

*While the standard fourteen-day quarantine period remains, individuals have an opportunity to reduce that to ten days provided:*

- The individual does not develop any symptoms or clinical evidence of COVID-19 infection during daily symptom monitoring for the 10 days after the last exposure; and,
- Daily symptom monitoring continues through day 14 after the last exposure.

*Based on individual assessment, public health may continue to require individuals to quarantine for the full 14 days per existing CDC recommendations. The fourteen day option most greatly mitigates the possibility of post-quarantine transmission and continues to be the strategy with the most evidence for reducing risk to others at present.*

*Thus, for the majority of close contacts, if the individual meets the above criteria, they can discontinue quarantine after 10 days after the last exposure.*

However, certain vulnerable populations require additional precautions. Given 1) the high level of community transmission previously documented in University of Michigan (UM) students and concern for continued high rates of transmission, and 2) the high risk of exposure in dormitory and offsite housing settings, additional precautions are necessary for UM students. Thus for all UM students:

While the standard fourteen-day quarantine period remains, UM students have an opportunity to reduce that to ten days provided:

- The individual undergoes a COVID-19 PCR test within 48 hours before time of planned discontinuation of quarantine (i.e. day 8-10 after last exposure). The COVID-19 PCR test must be resulted and negative prior to discontinuation of quarantine.
- The individual does not develop any symptoms or clinical evidence of COVID-19 infection during daily symptom monitoring for the 10 days after the last exposure; and,
- Daily symptom monitoring continues through day 14 after the last exposure.

If UM testing capacity is unable to accommodate the requirements, alternative strategies will be discussed.